



Then and Now: How COVID-19 Changed One Woman's Perspective on Life

Hi folks. We worry sometimes that we're a bit too preachy in our newsletter. Do this, do that, then do this again. We understand it can get old real fast. After all this 'nagging', our editor says he finally understands what his mum went through. But just like mums everywhere want to see their children blossom, we too only want to see you come out of this stronger and wiser, [much like Crystal Cha has](#).

Crystal is a Malaysian currently in Finland for work reasons. Unfortunately, due to COVID-19, global movement restrictions started going into effect before she could return to her family. Since then, she has booked two flights home, both of which were cancelled. As of now, she's been separated from her family for just over two months.

Initially, Crystal was in constant anxiety, frequently refreshing airline websites to check for updates. Loneliness also began to creep up. But then something clicked, **and with a fresh perspective came new actions**, [Find out what Crystal has to share on her journey, and may you see yourself walking down the same path](#).



On the bright side, she says there's more time to spend with your cats.

"Is Narcissistic Leadership Killing Your Culture of Collaboration? "

- Roshan Thiran, founder and CEO of Leaderonomics

On the business side of things, we'd like to highlight a problem that is not uncommon among leaders everywhere - narcissism. Of course, its crucial for all leaders to have confidence in their own abilities and to inspire confidence in others.

But, as is often the case, too much of a good thing is not so good after all. Read what our CEO Roshan has to say on [the effect narcissistic leaders can have on the culture of a company and ultimately the fate of the entire organisation](#).

IF YOU HAVE ANYTHING NICE TO SAY, SAY IT ALL

Tribute.co started in the summer of 2013 as a simple gift from Miki to her then-boyfriend (and now husband) Andrew. Miki emailed 20 of Andrew's closest friends and family members and asked them to send in a video telling Andrew why they loved him.

The result was a 20-minute video montage that Andrew called **the most meaningful gift he had ever received**. Andrew was inspired to start a business that could simplify the process [so everyone could experience his joy without going through Miki's hassles](#).



Paying Tribute Through Kindness

Find out more about the man behind Tribute.co.

Andrew Horn, social entrepreneur, [shares how he came up with the idea for Tribute, men's retreats, and his own self-discoveries](#).

Watch the Video

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