



COVID-19: The Pop Quiz that Nobody Asked For

Hi folks. Did your teachers ever spring pop quizzes on you back in school? Did you hate these quizzes, or did you ***hate these quizzes***? How dare *anyone* interrupt your absent-minded doodling. Inevitably, most of the class will not do as well as they would have hoped. And *inevitably*, *most* will blame the lack of prior notice.

However, pop quizzes are more than just tools to ~~torture students~~ measure learning. They are litmus tests for character - focus and consistency, among others. The same thing could be said for COVID-19. Rather rudely, it barged its way into our lives without so much as a Google Calendar invite, and proceeded to put us all to the test.

In particular, [our social capital is being tried](#) on a macro and micro level. Too many communities in the world are held together by weak social bonds. Leaders who ignored these during peacetime now find that when tested, these bonds break and the entire community ceases to function. Ernest Antoine [has some advice on what leaders must do to rebuild and maintain social capital in their communities](#).



Sadly, no amount of coffee warms you as much as having a friend. Especially iced coffee.

"In times of uncertainty, people – even leaders – appreciate knowing what they do matters."

- Roshan Thiran, founder and CEO of Leaderonomics

Who says that building social capital is only the job of leaders? Relationships involve two-way communication, and **in an organisation, it is as much the responsibility of the employee to maintain lines of trust, goodwill, and solidarity**. Our leaders must demonstrate that they value us, and [we must demonstrate that we value them](#).

Does this mean washing their car and doing their laundry? Well, you *could* try that. However, we'd much rather you read this article by our CEO Roshan on [four ways we can become super employees and demonstrate your worth](#). Save yourself the trouble of comparing detergents.

By the way, if you'd like to position yourself best for success, consider signing up for webinars by our CEO Roshan Thiran on Crisis Transformation. A new episode every Tuesday Find the [full topic list here](#).

Those With Most to Learn, Learn the Most

Speaking of social capital, Interns hold a special place in our hearts at Leaderonomics. In fact, we're pretty sure interns hold a special role in any organisation that values its people. That's why we started The Intern Show, to talk about all things intern-related.

In Episode 2, former Youth Superintern Monica sat down with Dr Wo Su Woan; a psychology lecturer from Sunway University Malaysia. Join them as [Dr Wo shares her experience dealing with interns and her own internship](#). If you're a psychology student wondering what to expect from your internship, you'll want to catch this.



The Intern Show EP2

Dr. Wo [shares her experience of being a health intern herself](#), and the time she mentored a psychology intern as a teacher assistant in a special needs education centre.

[Watch the Video](#)

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